#### See inside for INFORMATION ON:

- Reasonable Adjustments
- SEND-Friendly evening and weekend activities
- Shout Out For Change





# Welcome to the summer - edition of News and Views



Welcome to the Summer 2024 edition of the Wakefield SEND Local Offer Newsletter.

We have lots of your ideas about SEND-friendly places to go after school and at weekends. Find them on pages 10 – 11. Also, thanks to Wakefield Parent Carer Forum, who are sharing their reasonable adjustments information on pages 3 – 5. Part 2 will be in the next newsletter.

August 27th is International Makaton Awareness Day Find out more by visiting

https://www.bbc.co.uk/cbeebies/shows/ something-special https://singinghands.co.uk

You can also enquire about British sign language by visiting local services:

https://dex.org.uk/training https://www.wakefielddeaf.org.uk September 25th is International Ataxia Awareness Day Find out more about ataxia by visiting https://www.nhs.uk/conditions/ataxia/

We share information about local services, activities and training opportunities on the WESAIL and Local Offer Facebook page. Follow our page by visiting https://www.facebook.com/WakefieldWESAILandLocalOffer

We always appreciate your feedback. We use your ideas in our newsletter and on our Facebook page. Please help us by filling in our quick survey <a href="https://www.surveymonkey.co.uk/r/BGZWXML">https://www.surveymonkey.co.uk/r/BGZWXML</a>

Happy reading,

Wakefield Early Support Advice Information Liaison (WESAIL) Service









### What's New - Find these services and groups on the Local Offer

#### **Daisy Chain**

https://bit.ly/3wTSsby. Service – support and workshops for parents and carers of autistic children and young people.

#### **Designability Wizzybug**

https://bit.ly/4cfr9HZ. Service - powered wheelchairs provided free of charge to young children in the UK.

#### **Disability Access Fund**

https://bit.ly/3X2I7VC. Service – additional funding for early years settings who provide places for children in receipt of Disability Living Allowance.

#### **Lumi Nova**

https://bit.ly/3yEyB0y. Service – app to support children aged 7 – 12 who experience worry and anxiety. See **Page 6** for more information.

Relaxed Openings Castleford Museum https://bit.ly/455R0iX.

Relaxed Openings Pontefract Museum https://bit.lv/3yOgaXd.

Relaxed Openings Wakefield Museum https://bit.ly/3VgHRRk. Things To Do – adapted sessions at the museums to support sensory needs

#### Xuberdance

https://bit.ly/3KjQK6s.

Things To Do - additional needs streetdance classes.

# Reasonable Adjustments from WPCF part 1





### REASONABLE ADJUSTMENTS

WHAT ARE THEY & WHY ARE THEY NEEDED

One of the most common areas of concern for SEND parent/carers is not knowing what reasonable adjustments can be put in place to help support their child in school.

We have put this leaflet together to help explain the following =

- what a reasonable adjustment is
- · why they are needed
- · what kind of reasonable adjustments can be made



#### NOT ALL REASONABLE ADJUSTMENTS ARE SUITABLE FOR EVERY CHILD WITH SEND

It is important to remember that the examples we have given are not the only reasonable adjustments which can be put in place to support a child with SEND, and not all of our examples will be appropriate for every child with SEND either.

Every child is different so it will depend on the child's individual needs as to what reasonable adjustments are required & are appropriate.

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## Reasonable Adjustments from **WPCF** part 1









### WHAT ARE REASONABLE ADJUSTMENTS & WHY ARE THEY NEEDED

All children & young people should be helped to fulfil their potential. Reasonable adjustments can help to level the playing field by minimising the disadvantages that children with SEND might face compared with their peers.

Many of our children struggle to fit in to the rigid rules that accessing an education can bring. This is why there is a need for reasonable adjustments to be made, to enable our children to access their education in the same way as their peers who do not have SEND.

It is important that schools treat children as individuals to ensure that the correct support is in place for each child. There is no blanket policy or one size fits all when it comes to reasonable adjustments, its individual - just like our children with SEND.

This means schools have a legal obligation under the Equality Act 2010 to support pupils who are disabled with reasonable adjustments, making sure they can benefit from what the school offers in the same way as a child who doesn't have SEND. The Act permits more favourable treatment of disabled children & this requirement is irrespective of whether a child has an EHCP or not.

A school must not discriminate against a child with SEND because of something that is a consequence of their disability. But remember the reasonable adjustment needs to benefit the child rather than cause them additional problems.

#### The Law states -

"An education provider has a duty to make 'reasonable adjustments' to make sure disabled students are not discriminated against. These changes could include providing extra support and aids like specialist teachers or equipment."

Schools are not subject to the reasonable adjustment duty to make alterations to physical features, like adding ramps. They must make the buildings accessible for their disabled pupils as part of their overall planning duties.

#### The Department for Education states -

"Schools should think about how all aspects of the school day could be adjusted to meet the needs of the disabled child, including attendance and behaviour, so that everyone is set high expectations and feels they belong in the school community".

We recommended that the reasonable adjustments in place are regularly reviewed to make sure that they are effectively helping your child while at school. The support in place should be adjusted if your child's needs have changed.

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## Reasonable Adjustments from **WPCF** part 1









#### **EXAMPLES OF REASONABLE ADJUSTMENTS** FOR A CHILD WITH SEND

#### **GENERAL REASONABLE ADJUSTMENTS -**

- · Teacher or TA checks homework diary to ensure homework is recorded correctly, or communicates what is required with parent/carer via email/text or home to school communication book.
- · School provides reminders for homework deadlines.
- · Arrange homework clubs to enable work to be completed with access to a teacher.
- · Do not penalise for executive functioning difficulties such as forgetting things.
- Provide training to help learn organisation skills.
- · Provide printouts/reading material with important points already highlighted.
- · Copy parent/carers into important emails such as information for trips, additional equipment for cooking or sports lessons.
- · Provide visual timetables and checklists.
- · Provide now & next board.





#### Remember...

the examples given are not an exhaustive list of reasonable adjustments but they will give you a good idea of the type of adjustments which are possible.

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### Lumi Nova



West Yorkshire Integrated Care Board and South West Yorkshire Partnership NHS Foundation Trust have partnered with BFB Labs to offer free access to Lumi Nova for families living in Wakefield.

Lumi Nova: Tales of Courage is a digital therapeutic intervention that helps with the symptoms of worries or anxiety for children aged 7-12 years. It helps them learn skills to self-manage their worries in an engaging intergalactic adventure game on the app. The app is for children facing mild to moderate difficulties with fears, worries or anxiety. It is not suitable for children who have severe anxiety, are in crisis or have suicidal thoughts.



The benefits of using Lumi Nova to support a child are:

- Learn life long skills to self manage their worries
- Learn how to break down big worries into smaller, manageable challenges
- Increase resilience and confidence
- Better understand and talk about worries through
- A playful experience
- Get instant access to a highly effective evidence based therapy

#### **How Lumi Nova works**

- Shortlist 3 goals with your child from a list of 15 different goals related to separation anxiety, social anxiety and phobias.
- Goals are broken down into smaller, manageable challenges that gradually get harder.
- Complete in-game challenges to help build confidence before tackling real life challenges.
- Learn about anxiety and how to face fears and worries through fun, story based psycho-education
- Complete worry scale scores before and after every challenge to record your progress
- Only one challenge can be completed per day & game play is limited to avoid binge gaming

Further information

https://luminova.app/parents

https://luminova.app/schools

For instant access sign up here - https://luminova.app

**Contact Information -**

Website - https://luminova.app/wakefield

Email - luminova@bfb-labs.com







## Wakefield Shout Out







#### **Wakefield Shout Out for Change**

Youth Participation Group

#### What is participation

Participation is about having the chance to be part of the decisions that are important to you. Some people call participation youth voice. Shout Out for Change members use their lived experience of SEND to share ideas which will help to make things better for the future.

#### Who we are

- We are a group of young people aged 14 25
- We all have a special educational need or disability (SEND)
- We all want to have our voices heard to make things better for all young people with SEND.

#### What we do

- We meet three times a year
- Between our meetings we keep in touch through our Facebook page and WhatsApp group
- We talk about what is important to us as young people with SEND, using our lived experience
- Sometimes we join our friends from Kids to talk about things at national level

#### What we have achieved... so far

 SEND Youth Group meeting at Five Towns Resources Centre every week in addition to the All Stars group at Crofton

- Raised the need for co-production with senior leaders from the council, public health, health and voluntary sector
- Contributed to the council's response to the SEND Review
- Let the government know our views on the SEND Green Paper, transitions and mediation
- Worked with Museums and Libraries service to improve the visitor experience for people with SEND
- Influenced how we could make residential short breaks better
- Contributed to the Council's successful bid for extra short breaks funding
- We have spoken to Ofsted and the CQC about what it is like to be a young person with SEND in Wakefield

"Children and young people have the right to be heard in decisions that affect them and to take part in decision-making."

Article 12 UN Convention on the Rights of the Child

#### Join Us

If you want to make a difference for young people with SEND in Wakefield

#### Contact us

send@wakefield.gov.uk

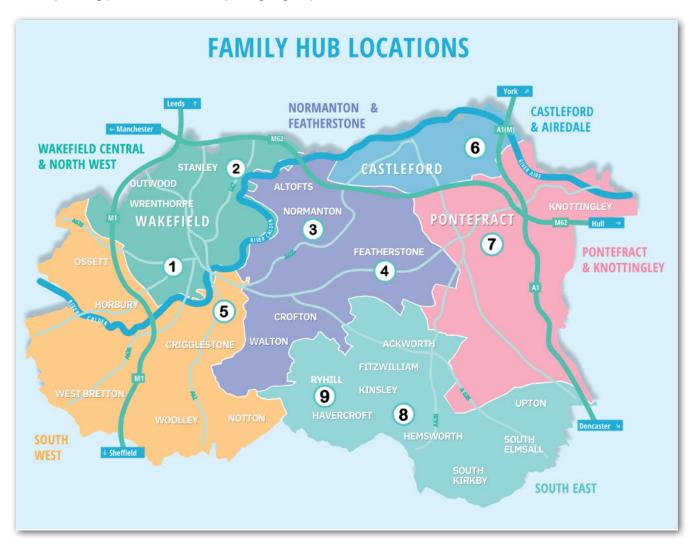
Please put Shout Out for Change in the subject line



### Family and Youth Hubs



Family Hubs are venues across the Wakefield district. These are places with people on hand to talk to you to find the help you need. They provide specialist services so that you can access help. You can meet other families by taking part in activities or joining a group.



#### 1. Sunbeam Family Hub

Lupset Crescent Wakefield WF2 8RH 01924 302333

#### 2. Stanley Family Hub

Long Causeway Stanley Wakefield WF3 4JB 01924 303181

#### 3. Butterflies

Wakefield Road Normanton WF6 1BB 01924 307835

#### 4. Oakhill

Hardwick Road Featherstone WF7 5JB 01977 723923

#### 5. Castle Family Hub

255 Barnsley Road Wakefield WF1 5NU 01924 303376

#### 6. Kendal

Kendal Drive Castleford WF10 3SP 01977 723543

#### 7. Pomfret

Rookhill Road Pontefract WF8 2DD 01977 722644

#### 8. Cedars

Barnsley Road Hemsworth WF9 4PU 01977 722215

#### 9. Havercroft

Cow Lane Wakefield WF4 2BE 01924 306312

# What Family and Youth Hubs Offer



#### **Family Support**

**ASPIRATION & WELL BEING** Support for coping with stress, anxiety or low mood. There are separate sessions for children and parent/carers.

**BEAM** Recognising anger cues and triggers, working toward gaining control.

**WHO'S IN CHARGE** group for parents/carers giving concrete strategies to change behaviours and attitudes which will produce behaviour change in children.

**FREEDOM** explores violent and abusive behaviours. It can help women to recognise when they are being controlled and the effects that domestic abuse has upon children.

**COFFEE MORNINGS** an opportunity for parents and carers to meet practitioners from the family hubs and learn more about the groups and sessions offered in preparation for attending.



#### **ONLINE PARENTING**

provides parents and carers the opportunity to learn more about parenting tools at a time that suits them in their own home, includes Triple P programmes.

#### **Youth Hubs Offer**

Youth hubs are friendly and accessible places that provide support to 11 - 24 year olds. You can chat to a youth worker to access the help you need. Youth workers can link with local groups and support.

#### SKILLS AND EMPLOYABILITY PROGRAMME

Weekly sessions run with Wakefield Families Together partners, supporting young people to access education, employment and

training.

#### **NEET OUTREACH**

Weekly outreach to engage Not in Education, Employment or Training (NEET) age 16+.

#### **ENGAGMENT INTERVENTION**

Bespoke one-to-one Engagement Worker support to ensure that young people are able to access the right

support at the right time.

ONE-TO-ONE SUPPORT
WORKER LED Communication
Support, Emotional Wellbeing,
Pol-Ed, Healthy Relationships,
Online Safety, Life Skills,
Emotionally Based School
Avoidance.



**YOUNG CARERS** Group session for young carers.

**OPEN ACCESS YOUTH PROVISION** Open access youth sessions for 11-13yrs and 14-16yrs, delivered by partners from the VCSE.

**STREET BASED YOUTH WORK** Twice weekly Youth Worker led detached, community-based youth work sessions.

District wide programmes and interventions:

- BRANCHING OUT
- BRANCHING OUT IN SCHOOL
- DUKE OF EDINBURGH
- STRIPES
- YOUTH PARLIAMENT
- BUILD OUR FUTURE

**ALL STARS YOUTH CLUB** For young people with SEND. The club offers positive activities and informal learning opportunities within a safe space. A place to meet new friends and in a safe and welcoming environment.

**FIVE TOWNS YOUTH CLUB** For young people with SEND. The club offers positive activities and informal learning opportunities within a safe space. A place to meet new friends and in a safe and welcoming environment. This group runs in the Five Towns area.

#### How to find out more

Find more information by visiting https://www.wakefieldfamiliestogether.co.uk/family-hubs/Each Hub has a What's On Guide where you can find dates and times for each group, activity and club.

# **SEND** - friendly Things To Do





You said you would like more information on SEND-friendly things to do that are open evenings or weekends. Thanks to everyone who has suggested these ideas.

The below groups and places all offer evening or weekend sessions. Visit their page on the Local Offer or contact them directly for more information.

#### Cloud 9

Age: 0 - 10

The Old Auction House, Illingworth Street,

Ossett, Wakefield

Phone: 07396 688866

Website: https://cloud9ossett.co.uk/

#### **Elephant Club**

Age: 0 - 7

Wild At Heart Stay & Play Room, 13, The Precinct Station Lane, Featherstone, Pontefract, WF7 5BX

Email: wildatheartsap@gmail.com Website: https://www.facebook.com/ wildatheartstayandplay



#### **Farsley Celtic Deaf Colts FC**

Age: 5 - 16
Farsley Celtic FC,
Newlands,
Farsley,
Leeds,
LS25 5BE



Phone: 07897 484879 - texts only

Email: farsleycelticdeaffchead@gmail.com

#### Flexi Totz Gymnastics

Age: 3 - 7

Unit 8, Skinner Lane, Pontefract, WF8 1HG

Phone: 07307 614141 Email: flexitotz@gmail.com

Website: https://flexi-totz.classforkids.io

#### Gravity

Age: 18 months upwards

Castleford Xscape, Colorado Way,

Castleford, WF10 4TA

Phone: 01977 529920

Website: https://gravity-global.com/active/

activities/sen-sessions

#### **Growing Works**

Age: 0 - 12

Crow Nest Park, Heckmondwike Rd,

Dewsbury, WF13 2SG

Phone: 07883 905899

Email: info@growingworks.org.uk

Website: http://www.growingworks.org.uk

#### **Little Fishes Soft Play**

Hemsworth Methodist Church, Westfield Road, Hemsworth, WF9 4PU

Email: Littlefisheshemsworth@outlook.com
Website: https://www.littlefisheshemsworth.com

#### **NLY Community Sport**

Age: 6 - adult

Crofton Community Centre, Wakefield, WF4 1LD

Phone: 07842 903018

Email: info@nonleagueyorkshire.com

Website: https://www.nonleagueyorkshire.com/

disability-football

#### **Normanton Sports Acro**

Age: 18 months to adult

152 Castleford Road, Normanton, WF6 2EP

Phone: 07773 704735

Email: normantonsportsacro@googlemail.com Website: https://www.facebook.com/people/ Normanton-Sports-Acro/100064813983561

# **SEND** - friendly Things To Do Continued....



#### **Open Country**

Age: 18 years / adults

Community House, 46 East Parade,

Harrogate, HG1 5LT

Phone: 01423 507227

Email: wakefield@opencountry.org.uk
Website: https://www.opencountry.org.uk

Run Riot (The Old Quarry Adventure Playground)

Age: 5 - 25

93 Sycamore Avenue, Knottingley, West Yorkshire,

WF11 0PJ

Phone: 01977 670953

Email: hollycorbettoqap@outlook.com Website: https://www.theaddy.org

#### **Sensory Planet**

Age: any

A1 Business Park, Knottingley, WF11 0BU

Phone: 01709 919036

Email: knottingley@sensoryplanet.co.uk
Website: https://sensoryplanet.co.uk

#### **Snowzone Disability Sports**

Snozone, Colorado Way, Castleford,

West Yorkshire, WF10 4TA

Phone: 0333 0030 520

Email: enquiriesyorkshire@snozoneuk.com Website: https://snozoneuk.com/disability-

snowsports

#### Stride Theatre

Age: 1 - adult

Ridings Shopping Centre, Unit 10, Almshouse Lane,

Wakefield, WF1 1DS

Phone: 01924 806024

Email: rebecca@stridetheatre.co.uk
Website: https://www.stridetheatre.co.uk

#### **Thornes Juniors Football Club**

Age: 6 - 16

Queens Drive (Near Holiday Inn),, WF5 9BE

Phone: Pete - 07516 306163 Email: **thornesjfc@gmail.com** 

Website: https://www.pitchero.com/clubs/

thornesjuniorsfc/

#### **Thornes Park Stadium - Bicycle Hire**

Thornes Park Athletics Stadium, Wakefield, WF2 8TY

Phone: 01924 369631

Email: thornesas@wakefield.gov.uk

Website: https://www.wakefield.gov.uk/sports-and-leisure/sport-activities-and-classes/

disability-sport-and-fitness

#### **Wakefield Parent Carer Forum (WPCF)**

SEND soft play, children's craft sessions, LEGO club

and gaming club.

Unit 2, Airedale Business Centre, Kershaw Avenue,

Castleford, WF10 3ES

Email: info@wakefieldparentcarers.co.uk
Website: www.wakefieldparentcarers.co.uk



#### **Xuberdance**

Age: any

Castleford academy Ferrybridge Road, Castleford,

Wf10 4JQ

Phone: 07732 894932

Email: xuberdance@gmail.com

Website: https://www.facebook.com/xuberdance

#### **Yorkshire Visually Impaired Cricket Club**

Age: 11 upwards

Horbury Academy, Wakefield Road,

Horbury, WF4 5HE

Phone: 07769 909906

Email: JohnGarbett7@gmail.com Website: https://www.bcew.co.uk

# Happy Healthy Holidays



WF Happy Healthy Holidays aims to keep children and young people active during the school holidays by providing free activities and healthy food for school age children (Reception to year 11) who receive Income-Related Free School Meals.

The programme has several providers who offer support for children with SEND in a mainstream settings.



Funded by

Department
for Education

If your child requires extra support due to SEND or any other needs, please have a conversation with the provider in the first instance to ensure that they are able to support your child's at the session. To book please visit <a href="https://wakefieldcouncil.coordinate.cloud/">https://wakefieldcouncil.coordinate.cloud/</a>

Please note that spaces are not guaranteed but are subject to availability when you book.

For more information visit https://www.wakefieldfamiliestogether.co.uk/community-support/happy-healthy-holidays

### **Max Cards**

Thanks to the parents and carers who sent in more suggestions about where to go with your Max Card:

Monkey Maze, Garforth https://monkeymazeplay.com 0113 2872766

Rainbow Playrooms, Wakefield https://www.happity.co.uk/rainbow-playrooms-Itd 01924 682135

National Coal Mining Museum https://www.ncm.org.uk 01924 848806

The Secret Garden, Horbury https://www.secretgardenhorbury.com 01924 270011

Swithens Farm https://www.swithensfarm.co.uk 0113 282 8828



Have you got a Max Card? It can help you go on days out for free or with a discount. A discount is when you get money off the usual price.



A Max Card lasts for 2 years.

A Max Card is free if you join the Information Network. This is also called the IN. You can join the IN by visiting https://wakefield.mylocaloffer.org/information-network/how-can-i-join

For places you can visit, go to https://mymaxcard.co.uk

If you have lost your card, or it has expired (this means the date has run out) then contact the IN.

They will help you get a new one. You can email them at informationnetwork@wakefield.gov.uk
You can also ring them on 01924 302 471











