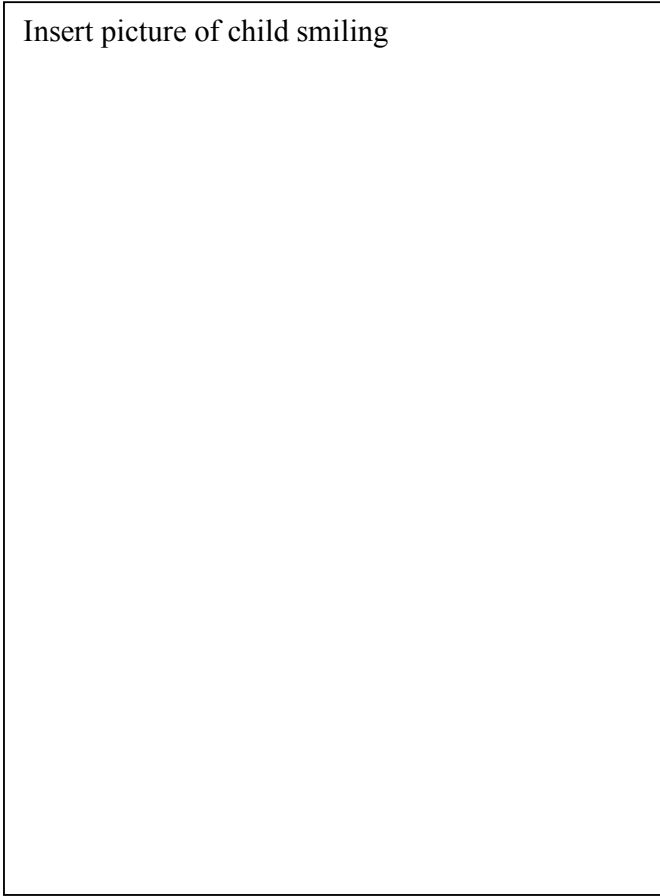


Tool 20: Happy book

Name: _____

Happy Book

Insert picture of child smiling



This is what my face looks like
when I am happy

Tool 20: Happy book

How does my face look?

My eyes are

My mouth is

My hands are

My voice sounds

Tool 20: Happy book

Other pictures of happy people

(Insert pictures/photos of other
happy faces)

Tool 20: Happy book

Things that make me happy are

List activities/toys that the child
enjoys

Tool 20: Happy book

Things that make

happy

List activities/toys that teacher
or mummy (if sending home)
enjoys

Tool 20: Happy book

Things that make my friends happy

List activities/toys that two or
three friends enjoy

Tool 20: Happy book

Sensible ways to show I am happy

Use examples such as smiling,
laughing, telling someone, and
singing (at break times or
lunchtimes)

Tool 20: Happy book

Silly ways to show that I am happy

Use examples such as shouting,
running in school, jumping up and
down in class