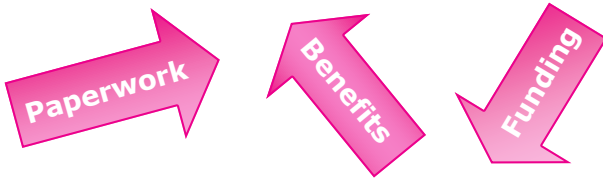


## Starting Point



For parents / carers of children and young people 0-18 years with any Special Educational Needs and / or Disability.

Wednesday <b>06/03/19</b> 10am - 1pm	Kinsley Learning & Community Centre, Wakefield Road, Kinsley, Pontefract, WF9 5BP
Wednesday <b>15/05/19</b> 10am - 1pm	New Brookhouse Club 221 Barnsley Road Wakefield WF1 5NU

The workshop provides information and resources to help organise paperwork and coordinate services. It gives guidance on applying for Disability Living Allowance (DLA) or Personal Independence Payment (PIP) and signposts to sources of funding.

Refreshments will be provided



Please note all sessions are for adults only

To book your free places visit the Eventbrite website:

[www.eventbrite.co.uk](http://www.eventbrite.co.uk)  
and search for  
"WESAIL Wakefield"

Please ring Barnardo's WESAIL on 01924 304152 if you have any questions or need help to use

### Barnardo's WESAIL

Castleford Civic Centre  
Ferrybridge Road  
Castleford  
WF10 4JH



Barnardo's Registered Charity Nos. 216250 and SC037605  
[www.barnardos.org.uk](http://www.barnardos.org.uk)



WESAIL



**Special Educational Needs and / or Disabilities (SEND)**

**Parent / Carer Workshops**

**January 2019  
- July 2019**

## Improve your child's Sleep



This workshop provides information about sleep cycles, bedtime routines and behavioural strategies to address sleep issues.

Wednesday <b>06/02/19</b> 10am - 1pm	Kinsley Learning & Community Centre, Wakefield Road, Kinsley, Pontefract, WF9 5BP
Saturday <b>22/06/19</b> 10am - 1pm	New Brookhouse Club 221 Barnsley Road Wakefield WF1 5NU

For parents / carers of children and young people 0-18 years with any Special Educational Needs and / or Disability who have difficulty getting to sleep, settling themselves to sleep independently, wake frequently in the night and / or wake up early.

## Introduction to Autistic Spectrum Disorder (ASD)

For parents / carers of children and young people 0-18 years with a diagnosis of ASD, or on the waiting list for an ASD assessment.



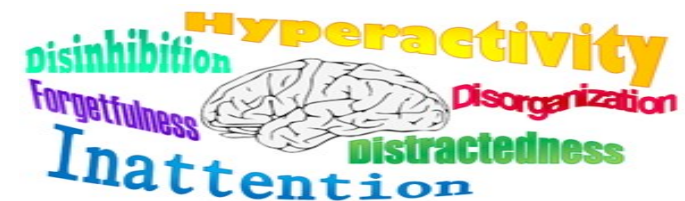
This workshop gives information about the areas of difference seen in ASD - Communication, Interaction, Flexibility of Thinking and Sensory Processing Disorder and signposts to key services.

Saturday <b>26/01/19</b> 10am - 1pm	New Brookhouse Club 221 Barnsley Road Wakefield WF1 5NU
Thursday <b>09/05/19</b> 10am - 1pm	Kinsley Learning & Community Centre, Wakefield Road, Kinsley, Pontefract, WF9 5BP

## Introduction to Attention Deficit Hyperactivity Disorder (ADHD)

Thursday <b>28/03/19</b>	Legioleum Room, Castleford Civic Centre, Ferrybridge Road, Castleford, WF10 4JH
Wednesday <b>12/06/19</b> 10am - 1pm	Kinsley Learning & Community Centre, Wakefield Road, Kinsley, Pontefract, WF9 5BP

This workshop provides information about what ADHD is and the services available to help you to support your child.



For parents / carers of children and young people 0-18 years with a diagnosis of ADHD or on the waiting list for an ADHD assessment.