**Overview of Information and Training Opportunities for parents, carers and professionals September 2016 – July 2017**

Please refer to the calendar for details of dates and venues

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|  **Information and Advice Sessions 2 hour sessions Time: 10am – 12.00pm**Provides information and advice from specialist services on different issues each month such as behaviour, communication & sensory processing difficulties. Please note some sessions are repeated in different venues throughout the year.

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| **Places available**Parent / Carer **30**Professional **20** | **Refreshments** **provided**Tea / Coffee / Biscuits | **Age range**0 -18 years | **Relevant to**All Special Educational Needs & Disabilities |

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| **Early Support Sleep Workshop 5 hour workshop Time: 9.30am - 2.30pm**  **\*Saturday workshops 10am - 3pm**Provides information about common sleep issues such as difficulties getting to sleep, waking frequently and early risers.  Also looks at sleep cycles, bedtime routines and behavioural strategies to address these issues. Opportunity to meet other families, share your experience and view resources.

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| **Places available**Parent / Carer **20**Professional **5** | **Refreshments provided**Tea / Coffee / Biscuits & a light lunch | **Age range**0 - 18 years | **Relevant to**All Special Educational Needs & Disabilities  |

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| **Balancing Act Workshop 2.5 hour workshop Time:** **10am - 12.30pm**Provides opportunity to reflect on the pressures of parenting a child or young person with Special Educational Needs & Disabilities as well as sharing your experience and finding out about tools and services that can help you balance your priorities.

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| **Places available**Parent / Carer **12**Professionals **N/A** | **Refreshments provided**Tea/ Coffee / Biscuits | **Age range**0 - 25 years | **Relevant to** All Special Educational Needs & Disabilities |

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| **Stepping Stones Programme 7 x 2.5 hour sessions Time:** **10am - 12.30pm**Part of the Triple P - Positive Parenting Programme; provides a toolbox of strategies to help encourage appropriate behaviour and teach your child new skills.To get the most from the programme it is recommended you attend all the sessions and complete the homework each week. Please note if your child has Social Communication Difficulties, including Autistic Spectrum Disorder or is awaiting assessment, we recommend that you complete the Early Support ASD Workshop before attending the Stepping Stones Programme.

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| **Places available**Parent / Carer **12**Professionals **N/A** | **Refreshments** **Provided**Tea / Coffee / Biscuits | **Age range**0 - 12 years | **Relevant to** All Special Educational Needs & Disabilities |

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| **Early Support ASD Workshop 5 hour workshop Time:** **9.30am – 2.30pm \*Saturday workshops 10am – 3.00pm**Provides information about Social Communication Difficulties, Autistic Spectrum Disorder and sensory processing differences and an introduction to understanding children and young people’s behaviour.

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| **Places available**Parent / Carer **20** Professional **5** | **Refreshments** **Provided**Tea / Coffee / Biscuits & a light lunch  | **Age range**0 - 18 years | **Relevant to**Social Communication difficulties and Autistic Spectrum Disorder (or awaiting assessment) |

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| **Early Spirals Programme 3 x 5 hour sessions Time: 9.30am - 2.30pm** The programme is aimed specifically at children who have a speech and language therapist and have very little or no spoken language. Parents and a practitioner from the child’s educational setting will be invited to attend the 3 day programme. Developing communication, sensory differences, ideas for interaction and play and managing difficult times with children will be explored throughout the programme.

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| **Places available**Parent / Carer **10**Professional **10** (Practitioner from child’s Nursery / School only ) |  **Refreshments provided** Tea / Coffee / Biscuits Lunch is **not** provided | **Age range**Early Years Children2 - 5 years | **Relevant to**Social Communication difficulties and Autistic Spectrum Disorder (or awaiting assessment) |

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| **Spirals Parent Programme 8 x 3 hour sessions Time: 9.30am - 12.30pm** This more detailed programme is aimed at parents and carers who have already attended the Early Support ASD workshop. Provides opportunity to explore social communication difficulties and sensory processing differences and what it means for your child. Sessions include strategies to develop social communication and interaction, understanding behaviour and managing difficult times and using visuals to support children’s understanding. To get the most from the programme it is recommended you attend all the sessions.

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| **Places available**Parent / Carers: **20**  No places are available for professionals  | **Refreshments provided**Tea / Coffee / Biscuits | **Age range**Children under 8years | **Relevant to**Social Communication difficulties and Autistic Spectrum Disorder (or awaiting assessment)  |

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| **Cygnets Parent Programme 6 x 3 hour sessions Time: 9.30am - 12.30pm** This more detailed programme is aimed at parents and carers who have already attended the Early Support ASD workshop. Provides an understanding of autism and adolescence, social communication difficulties and sensory processing differences. Sessions include understanding behaviour and exploring ideas and strategies to manage difficult times.To get the most from the programme it is recommended you attend all the sessions.

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| **Places available**Parent / Carers **18** No places are available for professionals  | **Refreshments provided**Tea / Coffee / Biscuits | **Age range**Children over 8 years of age | **Relevant to**Social Communication difficulties and Autistic Spectrum Disorder (or awaiting assessment) |

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**Please note – all of the sessions are for adults only,**

 **therefore we respectfully request you do not bring children or young people**